

September 2 – December 22 2019

MONDAY

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 7.30am - 9.30am General Swim *
 9.30am - 10.30am Tiddlers Lessons *****
 10.30am - 12.00pm School Lessons
 12.00pm - 1.00pm General Swim *
 1.00pm - 3.00pm School Lessons
 3.45pm - 6.15pm Children's Lessons *****
 6.15pm - 7.15pm General Swim *
 7.15pm - 8.15pm Women Only Swim/
 Steam
 8.15pm - 9.15pm Bramley Mermaids ****

TUESDAY

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 7.30am - 9.30am General Swim *
 9.30am - 10.30am School Lessons
 10.40am - 11.10am Baby Lessons *****
 11.15am - 12.00pm Aqua Zumba
 12.00pm - 1.00pm General Swim *
 1.00pm - 3.00pm School Lessons
 3.45pm - 6.15pm Children's Lessons *****
 6.15pm - 7.15pm General Swim *
 7.15pm - 8.00pm Aqua Aerobics
 8.00pm - 9.00pm Adult Lane Swim
 9.00pm - 10.00pm Tri BB Swim Session

WEDNESDAY

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 7.30am - 9.30am General Swim *
 9.30am - 10.30am Baby Lessons *****
 10.30am - 11.30am School Lessons
 11.30am - 12.00pm Adult Lessons *****
 12.00pm - 1.00pm General Swim *
 1.00pm - 1.30pm Bumps and Babes ***
 1.30pm - 3.00pm School Lessons
 3.00pm - 3.30pm Tiddlers Lessons *****
 3.45pm - 6.15pm Children's Lessons *****
 6.15pm - 7.15pm General Swim *
 7.15pm - 8.00pm Aquanatal ***
 8.00pm - 9.00pm Adult Swim to Music

THURSDAY

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 6.30am - 7.30am Tri BB Swim Session
 7.30am - 9.30am General Swim *
 9.30am - 11.00am School Lessons
 11.15am - 12.00pm Aqua Aerobics
 12.00pm - 1.00pm General Swim *
 1.00pm - 3.00pm School Lessons
 3.45pm - 6.15pm Children's Lessons *****
 6.15pm - 7.15pm General Swim *
 7.15pm - 8.15pm Adult Lane Swim
 8.15pm - 9.00pm Aqua Zumba

FRIDAY

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 7.30am - 9.30am General Swim *
 9.30am - 10.30am Baby Lessons *****
 10.30pm - 12.00am School Lessons
 12.00pm - 1.00pm General Swim *
 1.00pm - 2.30pm School Lessons
 2.30pm - 3.30pm Turtle Tots *****
 3.45pm - 6.15pm Children's Lessons *****
 6.30pm - 7.30pm General Swim *
 7.30pm - 9.00pm Adult Swim

SATURDAY

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 7.30am - 8.15am Junior Tri Course *****
 8.15am - 12.15pm Children's Swimming
 Lessons *****
 12.15pm - 1.15pm General Swim *
 1.30pm - 2.15pm Inflatable Swim **
 (1st Sat)
 1.15pm - 2.15pm Family Fun Swim
 2nd, 3rd and 4th
 Saturdays *
 2.30pm - 4.30pm Pool Parties or
 Sunshine & Smiles
 5.00pm - 7.00pm Private booking

SUNDAY

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 7.30am - 8.30am Adult Swim
 8.30am - 11.00am Children's Swimming
 Lessons *****
 11.15am - 12.15pm Family Fun Swim *
 12.30pm - 1.30pm Pool Parties
 3.45pm - 4.15pm Turtle Tots *****
 4.30pm - 5.30pm General Swim *
 5.30pm - 6.30pm Adult Lessons *****
 6.30pm - 7.15pm Adult Lane Swim
 7.30pm - 8.30pm Private booking

SWIM PRICES

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Adult Swim	£4.65
Adult Swim (Bramley Xtra Card)	£2.50
Junior Swim	£2.50
Junior Inflatable Swim	£3.10
Family Swim	£10
Swim & Steam	£6.70

See overleaf for weekly and monthly memberships.

- * Suitable for all ages. Under 8s must be supervised in the pool by one adult: two children
- ** Inflatable swim: Not suitable for under 5s or non-swimmers
- *** Book in advance. E-mail bumpsandbabes@hotmail.com
- **** Bramley Mermaids. Autumn: 2 Sep-21 Oct Winter: 4 Nov-9 Dec 2019
- ***** Booking only via reception
- ***** Turtle Tots. E-mail westyorkshire@turtletots.com

